



Member Assistance Program

Administered by the Entertainment Community Fund

What is the Member Assistance Program (MAP)?

The Local USA 829 Member Assistance Program —or MAP—is a free and confidential service designed to provide support and find solutions to a wide range of personal or work-related problems you may be experiencing.

We know that our work is stressful and it can impact us both on and off the job. Whether it's a simple question or a complex problem, you can contact the Local USA 829 MAP at the Entertainment Community Fund.

United Scenic Artists, Local USA 829 is committed to your health and well-being, and to ensuring the vitality of our collective community. Our staff at the Entertainment Community Fund are here to confidentially help you.



Who is eligible?

Local USA 829 MAP is available to all current members and staff of the USA 829 union.

Is the MAP confidential?

Yes. The Entertainment Community Fund's services are confidential. The Fund is committed to protecting your privacy and maintaining confidentiality, except in legally mandated situations. Your information is not shared with your union. Please reach out if you have any concerns about confidentiality.

What services are offered?

Counseling Services

Clinical social workers provide confidential shortterm counseling and support, and when appropriate, provide referrals to outside providers and community agencies around a range of challenges related to:

- Family or relationships
- Life changes
- · Illness or disability
- · Stress, anxiety or depression
- Workplace issues
- Grief and loss
- Financial concerns

For those who may need long-term support or additional care, the social worker will help locate referrals for mental health professionals that meet your needs and will work with your insurance provider when appropriate.

Substance Abuse

Personalized help and advocacy with treatment options and insurance coverage is available if you or your family members are experiencing problems with alcohol or substance use. Confidential support and counseling is provided throughout the treatment process.

Community Resources

The MAP is your liaison to a wide range of community, government and private organizations such as legal services, child care, housing and public benefits.

Senior Care

Provides seniors and their families a place to turn to receive support, information and help in developing a plan to meet their unique needs. Assistance is available with referrals to elder law attorneys, senior centers, home care services, meal and visitor programs as well as assisted living, nursing homes and rehabilitation centers. Services also include help with accessing entitlements or other benefits.

Work-Life Enrichment

Workshops are provided on a variety of topics to support you in balancing work and personal life:

- Financial Wellness workshops on debt relief, credit consolidation, budgeting strategies and estate planning.
- Well-being workshops to support mental health and personal growth such as mindfulness training, stress reduction, understanding addiction and recovery, and communication skills.
- Support groups that address various issues including depression, stress and anxiety, and career transition.

Support for Leadership

Services available to leadership include critical incident debriefing and consultation when engaging with members in crisis. The MAP can assist leadership with issues such as managing member conflict, job jeopardy concerns, navigating workplace loss and other member related topics.

Health & Health Insurance

The Entertainment Community Fund's Health Insurance Resource Center offers personalized health insurance counseling, guidance and enrollment support, as well as referrals to health care resources.

How does this MAP work?

When you call, a social worker will talk with you briefly, ask a few questions about your situation and schedule an appointment at a time and date that is convenient for you. The services are free and confidential. None of your information is shared with your union.

When should I contact the MAP?

There are times when it can be helpful to speak with a professional about relationship or job issues. Problems with a child, family member or co-worker can affect you. Conflicts with a colleague or supervisor can cause stress. Sometimes you may simply need to speak with someone when you are unsure of how to approach a situation. We can help find relevant solutions to a multitude of problems you may be experiencing.

What do the MAP services cost?

Local USA 829 has contracted with the Entertainment Community Fund to provide these services at no cost to you. However, if an outside referral is made, the Entertainment Community Fund will take into consideration your insurance coverage and affordability.

About the Entertainment Community Fund

The Entertainment Community Fund is a national human services organization that fosters stability and resiliency, and provides a safety net for performing arts and entertainment professionals over their lifespan. Programs include social services and emergency financial assistance, health care and insurance counseling, housing, and secondary employment and training services.





Contact Your Member Assistance Program

To get connected, contact the office closest to you. If you are unsure, select any of our offices and you will be guided to the right place.

Please identify your union when you call or email us.

Eastern Region

917.281.5919 eastern@entertainmentcommunity.org After hours emergency: 212.621.7780

Central Region

312.372.0989

central@entertainmentcommunity.org After hours emergency: 212.621.7780

Western Region

323.330.2455

western@entertainmentcommunity.org After hours emergency: 800.564.1451

Sign up to learn more about the Entertainment Community Fund's services at entertainmentcommunity.org/SignUp.

entertainmentcommunity.org