



## Member Assistance Program

Administered by the Entertainment Community Fund

## What is the Member Assistance Program (MAP)?

The Member Assistance Program for IATSE Local 479 members is a free and confidential service designed to provide support and find solutions to a wide range of personal or work-related problems. IATSE Local 479 has engaged the Fund to provide members access to social workers who can help identify and find resources to resolve family, personal or work-related problems.

The Entertainment Community Fund is a national human services organization that fosters stability and resiliency, and provides a safety net for performing arts and entertainment professionals over their lifespan.

Call your Entertainment Community Fund MAP at 917.281.5919

For urgent needs after hours or on weekends, call

### 212.221.7300

## Who is eligible?

The IATSE Local 479 MAP is available to all members of IATSE Local 479, retirees and employees.

## Is the MAP confidential?

Yes. The Entertainment Community Fund's services are confidential. The Fund is committed to protecting your privacy and maintaining confidentiality, except in legally mandated situations. Your information is not shared with your union.

### What services are offered? Counseling Services

Clinical social workers provide confidential shortterm counseling and support, and when appropriate, provide referrals to outside providers and community agencies around a range of challenges related to:

- Family or relationships
- Life changes
- Illness or disability
- Stress, anxiety or depression
- Workplace issues
- Grief and loss
- Financial concerns

For members who may need long-term support or additional care, the social worker will help locate referrals for mental health supports that meet the member's needs and will work with the member's insurance provider when appropriate.

#### **Substance Abuse**

Personalized help and advocacy with treatment options and insurance coverage are available when you or your family members are experiencing problems with alcohol or drugs. Confidential support and counseling are provided throughout the treatment process.

#### **Senior Care**

The Fund's Seniors program provides seniors and their families a place to turn to receive support, information and help in developing a plan to meet their unique needs. Assistance is available with referrals to elder law attorneys, senior centers, home care services, meal and visitor programs as well as assisted living, nursing homes and rehabilitation centers. Services also include help with accessing entitlements or other benefits.

#### Linkage to Community Resources

The MAP is your liaison to a wide range of community, government and private organizations such as legal services, family services, housing and public benefits.

#### **Work-Life Enrichment**

Workshops are provided on a variety of topics to support you in balancing work and personal life:

- Financial Wellness workshops on debt relief, credit consolidation, budgeting strategies and estate planning.
- Well-Being workshops to support mental health and personal growth such as mindfulness training, stress reduction, understanding addiction and recovery, and communication skills.
- Support groups that address various issues including depression, stress and anxiety, and career transition.

#### **Support for Leadership**

Services available to leadership include critical incident debriefing and consultation about members in crisis. The MAP can assist leadership with issues such as managing member conflict, job jeopardy concerns and navigating grief and loss. The MAP also provides education on these and other relevant topics.

#### Health & Health Insurance

The Entertainment Community Fund's Artists Health Insurance Resource Center offers personalized health insurance counseling, guidance and enrollment support, as well as referrals to health care resources.

## How do I contact the MAP?

To make an appointment, call the Entertainment Community Fund at 917.281.5919 Monday–Friday 9:30 am–5 pm ET or email eastern@entertainmentcommunity.org.

For urgent needs after hours, call 212.221.7300.

When you contact us, please make sure to identify your union.

# When should I contact the MAP?

There are times when it can be helpful to speak with a professional about relationship or job issues. Problems with a child, family member or co-worker can affect you. Conflicts with a colleague or supervisor can cause stress. Sometimes you may simply need to speak with someone when you are unsure of how to approach a situation. We can help find relevant solutions.

## What can I expect?

A member can contact the MAP via phone, email, or our online client portal. Based on the request for support, a social worker will reach out to speak to you directly and assess what your needs are and what supports can help. Services are free and confidential. None of your information is shared with your union.

## What do the MAP services cost?

IATSE Local 479 has contracted with the Entertainment Community Fund to provide these services at no additional cost to you. If an outside referral is made, the Entertainment Community Fund always takes into consideration your health insurance coverage and affordability.





#### **Additional Services at the Fund:**

- The Housing Resource Center provides information and education around finding affordable housing, understanding tenants' rights and more.
- The Career Center helps you develop freelance and entrepreneurial opportunities, discover meaningful industry-adjacent work or transition to a new career.
- The Actors Fund Home, located in Englewood, NJ, provides short-stay rehabilitation and assisted living services for performing arts professionals and their family members.

Sign up to learn more about the Entertainment Community Fund's services at entertainmentcommunity.org/WGS.

To access the workshops. programs and services of the Fund, please register or log in to the Entertainment Community Fund's Client Portal at **portal.entertainmentcommunity.org**.

Entertainment Community Fund 729 Seventh Avenue, 10th Floor New York, NY 10019

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